



# BROADSTONE MIDDLE SCHOOL

## **POLICY :**

### **Sex and Relationship Education**

Author:	<b>Executive Head</b>
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**BROADSTONE MIDDLE SCHOOL**  
**Sex and Relationship Education Policy**

**Religious, Personal, Social, Health & Citizenship Education**  
**(RPSHCE)**  
**National Curriculum Science**

**Sex and Relationship Education is:**

“lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. It is not about the promotion of sexual orientation or sexual activity”. Quote from DfE Guidance, (“Sex and Relationship Education Guidance”, July 2000)

**Sex and Relationship Education:**

It is recognised that, as stated in DfEE Guidance, (“Sex and Relationship Education Guidance”, July 2000)

Sex and Relationship Education (referred to SRE) has three main elements:

- ◆ Attitudes and values
- ◆ Personal and social skills
- ◆ Knowledge and understanding

Broadstone Middle School aims to develop all three elements in its Sex and Relationship programme as appropriate to the age and the physical and emotional maturity of its pupils. It is recognised that the more sensitive issues need to be approached consistently across the school, teachers having agreed appropriate responses to children’s questions ahead of time and an understanding of what is and what is not to be discussed, particularly for new staff.

**Statutory Requirements**

The school is mindful of its statutory obligation to:

- i) publish a Sex and Relationships Education Policy and make it available for inspection to parents;
- ii) ensure that all teaching materials used are appropriate to the age, religious and cultural backgrounds of its pupils;
- iii) teach all aspects of Sex Education included in the National Curriculum Science Orders (DfEE QCA 1999)
- iv) inform parents of their right to withdraw their children from SRE other than that taught in **National Curriculum Science**.

(1996 Education Act)

## **Working with Parents**

Broadstone Middle School ensures that parents are aware of:

- a) the content and context of the SRE programme;
- b) their right to withdraw their children from SRE taught outside what is specified in the National Curriculum Science Orders;
- c) the process by which they can do this.

This is done by:

Written request to the Headteacher

## **Organisation**

SRE is taught in the context of the RPSHCE programme which itself fulfils the requirements of the national framework for RPSHCE.

SRE is taught:

- a) through National Curriculum Science and synchronised with this;
- b) through discrete RPSHCE lessons complemented by structured Circle Times. (Boys and girls all receive the full SRE programme). They are taught in mixed gender class groups throughout.

## **Staffing**

- ◆ The Headteacher takes overall responsibility for the policy and its implementation.
- ◆ The Subject Leader for RP is responsible for implementing the SRE programme and for monitoring its effective delivery.
- ◆ The SRE Scheme of Work is delivered to each class group by teachers who have received guidance in this subject area.
- ◆ Recommended outside speakers are used as appropriate e.g. school nurse, drama specialists.

## **Schemes of Work**

Broadstone Middle School follows the SRE Scheme of Work in the form of Jigsaw and uses resources from Twinkl written and recommended by the PSHCE advisory teams from Bournemouth, Poole and Dorset.

The Scheme ensures –

- Progression and continuity
- Age appropriate content and resources

The scheme ensures that all pupils are taught:

#### Key Stage 2 – Changes

- How girls and boys bodies change during puberty
- The correct names for genital and reproductive parts of the female and male body
- An understanding of why bodies need to change into adulthood
- Emotional changes
- What menstruation means
- What sperm is and does
- An understanding of what sexual intercourse is and how babies are created (Year 6)

#### Key Stage 3 – Health Matters

- How we cope with physical change
- An understanding of the meaning of adolescence
- An understanding that physical change is natural
- How we use diet, exercise and cleanliness to keep healthy
- How emotional changes affect us
- An understanding of the possible consequences of a sexual relationship
- An understanding of how teenage pregnancy could affect lives

Within the Science curriculum a 10 lessons per year input ensures that pupils –

- Recognise diversity among various types of human families and challenge stereotypes
- Develop confidence in talking, listening and thinking about feelings in relationships
- Recognise that families and friends care for each other
- Are able to describe the physical and emotional changes at puberty and are able to deal with their feelings in a positive way
- Are able to compare and contrast human and plant reproduction
- Are able to describe changes which occur to mother and baby during pregnancy
- Are able to describe the function of the placenta and recognise how harmful substances may be passed from mother to baby in utero.

See Appendix 1 for the overview of the SRE Scheme of Work for each year group and Appendix 2 for the National Curriculum Science content. The full scheme, including details of resources used, is available for inspection to parents in the school office.

#### Teaching Strategies

Broadstone Middle School recognises the importance of helping children develop confidence in talking, listening and thinking about sex and relationships. Partnership between school and parents is the key to success.

A variety of teaching strategies is employed:

#### Monitoring and Evaluation

The Subject Leader for RP and Science Leader monitor and evaluate the delivery of SRE.

### **Confidentiality and Child Safeguarding**

The SRE is subject to and evaluated against the NCS Schemes of Work and RP policy.

### **Dissemination of the Policy**

This policy will be made available to:

- ◆ The Governing Body
- ◆ The whole school staff
- ◆ Parents

### **Equality Impact Assessment**

This policy has been reviewed with the equality impact considerations as laid down in the trust's Equality Policy.

## Appendix 1

### Overview of the Scheme of Work for Sex and Relationship Education for Years 5-8

#### Year 5 – 2 Lessons taught within a 6 lesson module entitled – ‘Changes’

	Lesson	Learning intention
1	Body changes for girls during puberty – menstruation	Understanding the changes that occur during puberty.
2	Body changes for boys during puberty – the sperm	Understanding the changes that occur during puberty. To understand the internal changes and the impact/effect.

#### Year 6 - 2 Lessons taught within a 6 lesson module entitled – ‘Changes’

	Lesson	Learning intention
1	Physical changes in puberty	Revisit work covered in Year 5 and to understand that changes can take place at different rates. They will learn about the act of sexual intercourse.
2	Emotional responses in puberty	To recognise and know how to constructively manage the emotions in puberty and who to go to for help with any concerns that occur about puberty

#### Year 7 – 2 lessons taught within a 6 lesson module entitled – ‘Health Matters’

	Lesson	Learning intention
1	Puberty – physical changes and their implications	To recognise the physical and emotional changes of puberty and how to manage these in a positive way
2	Adolescence	To understand the changes experienced by both boys and girls during adolescence

#### Year 8 – 2 lessons taught within a 6 lesson module entitled – ‘Health Matters’

	Lesson	Learning intention
1	Gender – views and expectations of both sexes	To recognise and empathise with gender differences including expectations within relationships
2	Pregnancy – your choice	To understand the importance of discussing issues – e.g. contraception, and the emotional feelings that may occur

## **Appendix 2**

National Curriculum Science relevant to Sex and Relationship Education (Years 5-8)

### **Key Stage 2**

Pupils are taught:

- about the main stages in the life cycles of mammals, amphibians, insects and birds (Living things and their habitats- Year 5);
- about the reproduction process in some plants and animals (Living things and their habitats- Year 5)
- how humans develop into old age, including the changes associated with puberty (Animals including humans- Year 5)
- how the gestation period varies for different species (Animals including humans- Year 5)
- that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents (Evolution and inheritance- Year 6)

### **Key Stage 3**

Pupils are taught:

- about human reproduction, including the structure and function of the male and female reproductive systems (Structure and functions of living organisms- Year 7)
- about the menstrual cycle (Structure and functions of living organisms- Year 7)
- how male gamete fertilises the female gamete (Structure and functions of living organisms- Year 7)
- how a baby develops in utero and how it is born (Structure and functions of living organisms- Year 7)
- how maternal lifestyle can impact on the development of the foetus (Structure and functions of living organisms- Year 7)
- about reproduction in plants including pollination, fertilisation, seed and fruit formation and seed dispersal (Structure and functions of living organisms- Year 7)